



4-H Headline News

West 1 Field Education Unit

May 2011



West 1 Field Education Unit Educators

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South Dakota 4-H
Website
<http://4h.sdstate.edu>

Youth In Action Showcase

Western South Dakota will be hosting the third annual Youth In Action Days on Friday, May 6th from 3:00 PM to 7:00 PM and on Saturday, May 7th from 9:00 AM to 1:00 PM in Rapid City at the Pennington County Extension Office. Youth will be able to participate in public speaking, special foods, fashion revue, non-livestock judging all in one day and at one location. Be watching for the more information and the pre-registration date. While not to discourage the Cloverbud age members, please keep in mind that this is a competitive event and it is not appropriate for Cloverbuds. Mark your calendars now!

Learn about the Forest Service Pack String

The US Forest Service Rocky Mountain Regional Specialty Pack String will be helping to celebrate the 100th anniversary of the Fall River County Fair, August 4-6. For those who are interested, on August 4th and 5th the Lead Packer will be holding a two day pack clinic where you can learn packing techniques including: familiarity with different hitches, correct load balances, techniques for leading single and multi-pack animals, equipment and styles of packing. Keep watch for additional information in the June and July newsletters.

Operation Military Kids-Hero Packs

As you probably know, children all across our state have loved ones who are serving our military through the Air Force, SD National Guard, Army Reserves, Navy Reserves, and even the Marines. When these brave men and women are deployed, they can be gone from their families anywhere from a few months up to a year. One feature of the Operation: Military Kids (OMK) Program is to provide every child that has a family member deployed a "Hero Pack." A "Hero Pack" is a backpack filled with age appropriate items for them to have such as journals, crayons, lanyards, books, Frisbees, wrist bands, stuffed animal, yo-yo's, paper, pencils, pens, foam footballs, blankets, disposable cameras, and many other little items. One of the most important items that every child receives is a handwritten letter from a non-military child thanking them for their courage. OMK presents these Hero Packs to the military kids as a way to tangibly salute and thank them for all the sacrifices they make when their families are dealing with deployments and their loved ones are so far away.

In the past, OMK received all the items for the backpacks from Washington, but recently, OMK has been alerted that items for the Hero Packs will not be continued. In order to continue to serve these children, we are asking community groups, businesses, and 4-H Clubs like yours, to join us in a community project to assist us so we can continue to "Fill the "Hero Packs." -letter continued on page 4



Creating Opportunities for a Lifetime
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May 6-7-Youth in Action Days-Rapid City
 June 6-10-Teen Leadership Conference-Brookings
 June 12-18-Performing Arts Camp-Aberdeen
 July 19-21-State Horse Show
 July 22-24-Summer Livestock Spotlight
 August 26-28-State Rodeo
 September 1-6-State Fair
 September 10-11-State Shoot-Mitchell
 October 5-8-Western Jr. Livestock Show-Rapid City
 October 7-8-Western 4-H FCS Show-Rapid City

Ownership Verification Forms –
NEED ONLY FROM FAMILIES WHO HAVE INTENTIONS OF COMPETING AT THE STATE LEVEL Or as requested by YOUR COUNTY!!!!
All livestock exhibitors MUST abide by the ownership deadlines:

May 31, 2011 - Market Sheep, Breeding Sheep, Breeding Beef, Dairy Goats, Dairy Cattle, Meat Goats and Market Swine

July 1, 2011 - Rabbits and Poultry
 Green tags and weighing not required
 Poultry need Leg Bands (one per bird)
 Rabbits need to be tattooed (one per rabbit)

Horse Judging Contest

The second horse judging school will be held on **Thursday, May 12** at 5:30 PM at the Black Hills Equestrian Center near Exit 17. Directions: Take I-90 Exit 17 going towards Deadwood. Turn onto St Onge Rd and continue towards St Onge. As you go under the overpass, look off to your left and you will see a big white barn set against the hill. It is on the Steinmeyer Farm.

Horsemanship Clinic

There will be a Horsemanship Clinic May 13-15 at the Central States Fairground Event Center in Rapid City from 8:00 AM-5:00 PM. Presenters will be Pam Scott and Bonnie Miller. Participants will work on basic position, exercises to improve position, individual critiques and personal assistance in developing a better position, patterns, straight lines, circles, diagonals, etc. **Entry deadline is May 4.** For more information, contact: Patty Bruner at bqh@enetis.net or by calling (605) 393-2577.

Horse Safety Trainings

Don't forget that all 4-H members enrolled in the Horse project must attend a Horse Safety Training. These trainings are beginning to be scheduled. Please check with your county office if you are interested in teaching or hosting a training.

Pennington County-April 30th, 10:30 Horse Safety Training followed by a Horse Judging School at the Heart Bar Arena-Intersection of Radar Hill Road and Highway 14-16-Box Elder

Haakon/Jackson County-May 3rd, 6:00-8:00 pm Kadoka Fire Hall

Bennett County-May 4th Martin

Custer County-May 27, 6:00 pm at the Fairgrounds in Hermosa

Fall River County-May 22nd, 2:00 pm at the Fairgrounds in Edgemont

2011 4-H Rodeo Schedule

You can get entry forms and the schedule available by May 1 from the SD rodeo website <http://sd4hrodeo.org> or you're your local County Extension Office.

Horse Scholarship Available

Rapid City Quarter Horse Assoc. is sponsoring a scholarship to a horse project member that is currently a senior who will graduate this spring. Amount of scholarship will be determined at a later date. Applicants must be from West River and enrolled in the horse project for the last 3 years. For more information call Patty Brunner at 393-2577 or the Extension Office at 394-2188. DEADLINE: May 1, 2011. See the March Newsletter for details.

2011 Horse Form I

Last year's horse forms are still on file in the Extension Office. You may just update these. You will not need to do new ones unless you have a new horse or are new to the horse project. You will need to fill out a form for each horse you will be exhibiting in the horse project. These forms are due by **MAY 31** to your local County Extension Office.

WANTED: Used Livestock Show Equipment

There are several 4-H families looking for used livestock show equipment for beef, sheep, goat, and swine (blower, chute, clipper, etc.). If you have livestock show equipment you're willing to part with, contact Rod Geppert at 605-234-4442 or rodney.geppert@sdstate.edu.

Camping Season

Youth Camp – Ages 8-11

All youth, age 8-11 are invited to attend youth camp at Camp Bob Marshall near Custer in **June-check with your local office for your counties dates**. The theme is "The Great Amazing Race." Join the race to participate in canoeing, campfires, camp songs, workshops and recreational activities. Cost is \$40. Registrations are available on the Custer County 4-H Website or your county website or at your local County Extension Office. Deadline to register is **May 25**.

Solv-Crme@CampBob.com

All youth age 12-18 are invited to attend a mystery/crime scene investigation themed camp on **June 13-16** at Camp Bob Marshall near Custer. Workshops will help youth learn to solve a crime while having fun. The culmination of the camp will allow youth to solve crimes at camp to find out "who done it!" Youth will also spend part of a day traveling the Black Hills solving crime. Cost is \$50. Registrations are available on the Custer County 4-H Website (see front page) or at your local County Extension Office. Deadline to **register is due May 27**.

Camp Counselor Training (in conjunction with Solv-Crme@CampBob.com)

Youth ages 15-18 (14 with Educator permission) are invited to attend all camp sessions as a Jr. Camp Counselors. New this year, the training will mostly occur on one day (June 12) and continue through June 16th in conjunction with the Solv-Crme@CampBob.com Camp. Attendees will have a slightly separate track during @CampBob.com Camp. Counselors will learn to monitor youth behaviors, identify risky situations, learn basic first aid, and interact with the youth attending the @CampBob.com Camp. These youth will have many of the fun opportunities of the Solv-Crme Camp, including the day of traveling in the Black Hills, but will also get a chance to hone their counseling abilities at the same time. Cost will be \$60, which includes the registration fee for the Solv-Crme@CampBob.com Camp. Registrations are available on the Custer County Website or at your local County Extension Office. **Registration is due May 27**.

Chaperones Needed for Summer Camps

Adult chaperones are needed for all summer camps. Each county must have 1 adult male and 1 adult female chaperone per 10 male and 10 female youth. Contact your local County Extension Office to sign up.



4-H Camp is so much fun,
you may need to watch out
for stowaways!!

Teen Leadership Conference (TLC)

The 2011 Teen Leadership Conference will be held on **June 6-10** at the campus of SDSU in Brookings. All youth age 13-18 are invited to attend the Survivor themed conference. Registrations are available at www.4h.sdstate.edu or from your local County Extension Office. Early registration, due by **April 30**, is \$185 and \$210 for registration May 1 to May 15. Transportation to Brookings will be available for a small fee.

Performing Arts Camp

Performing Arts Camp, for youth age 13-19, will be held on **June 12-18** in Aberdeen at Northern State University. Registration fee is \$325 until **April 30**, after that the fee is \$350. Scholarships may be available. Registrations are available at your local County Extension Office.

Rangeland Days/Soil Days – Lemmon

The 28th Annual Rangeland Days/Soils Day will be held in Lemmon, SD on June 21-22. The event is an opportunity to learn more about South Dakota's rangelands and is open to individuals age 8 to adult.

The cost is \$25.00 which includes meals. **Pre-registration is due June 1** to the Perkins County Conservation District, PO Box 189, Bison SD 57620. For more information, call (605) 244-5222 or contact your local County Extension Office.

SD Wildlife Federation Conservation Camp

This camp will be held June 5-11 at Camp Bob Marshall for students in grade 9-11. The main topics are conservation, forestry, fisheries and shooting skills. Contact the Conservation District Office at 673-4971 for more information.

Range Camp

Range Camp will be held in Sturgis on June 6-8 at Brown High School for high school age students 14-18 years old interested in range resources and management. For more information, contact Derek Oliver at 967-2561 or by email at derek.oliver@sd.usda.gov.

New 4-H Family Corner—

Can you believe it school will soon be out for the summer and before we know it, it will be 4-H Achievement Day time! Now is the time to start thinking about your Achievement Day entries for your projects. Every 4-H member has to take something to your Achievement Days to demonstrate what you did or learned in each of your 4-H projects. Your counties will be distributing the entry forms for your county in July, most likely. Each county is different when it comes to handing in the forms and collecting the entry tags. Deadlines are strictly followed, so please talk with your leader or your county office about the protocol for Achievement Day entry forms and tags.

OMK-Hero Packs continued from page 1

This is where you come in. OMK is asking you to help us with this project through a plan of your own, or perhaps through one of the ways listed below:

- Would your club be willing to sponsor the Hero Packs for a **Unit**?
- Would your club be willing to sponsor a **certain number of Hero Packs** (it's about \$8-\$10 to fill a pack)
- Would your club be willing to sponsor a collection of 2 or 3 items that are needed to fill Hero Packs such as: crayons, journals, pencils, etc?
- Would your club be willing to sponsor a fundraiser of some kind to raise funds to purchase items or donate your funds to OMK to order items in bulk?
- Do any businesses in your area have items with their advertising information on them that they would be willing to give to you, to send to us, to put in packs? Items such as pens/pencils/ key chains, Frisbees, anything with their logo would work well.
- Any or all of the above?

Thank you for letting me bring the challenge to your attention. OMK will be greatly appreciative of anything you can do to help. Having worked with OMK and 4-H for a little over two-years, I know the caliber of individuals who are affiliated with 4-H. I have been pleasantly surprised at all that you accomplish.

Keep up the good work and if you are interested in helping us honor military kids, please just let me know. My e-mail address is: Sheila.snyder@sdstate.edu and the phone number is: 605-394-2236.

Activity Corner – Story Circles

Supplies needed: none

Here's a fun activity for a club meeting, 4-H Camp, or other group get-together.

Invite the group to sit in a circle. One person offers a simple sentence to start a group story. Going around the circle, the next person adds a sentence to the story. Building from those two sentences, the third person adds a sentence. You'll find that the story will take many twists and turns around the circle! The activity ends when each person has had the opportunity to contribute to the story or you reach a time limit.



BRIGHT IDEA!

- Fitness Activities for Kids

Now that most schools have dismissed for the summer, our kids will be looking for things to do to keep from being "bored!" In addition to completing their 4-H projects, here are some suggestions from the Purdue WorkLife Programs that will also help our kids to keep fit:

- ◆ Swimming—pools, water parks, and lakes allow kids to burn calories while keeping cool. Swimming lessons can teach the proper techniques. Remember the sunscreen!
- ◆ Ballgames—soccer, basketball, baseball, football, etc. are great games to help our kids learn teamwork, coordination, and to build their bodies. Remember to provide plenty of liquids to keep the kids hydrated on those hot summer days!
- ◆ Hot wheels—biking, skateboarding, and skating are popular activities with kids. Remember to provide adequate helmets and padding to keep kids safe.
- ◆ Dancing—offers exercise and a great way for kids to express themselves, whether in an organized setting or if they create their own moves.

Through all of these activities, stress play rather than competition. Every child who enjoys physical activities and develops positive life-long habits is a winner! Source: WorkLife Programs, May 2008, Purdue University