

June
2007

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South Dakota 4-H Website: <http://4h.sdstate.edu>



Upcoming Meetings or Events - 4-H Bldg

July 10, 6:00-Leaders

Other Important Dates

- June 2 Camp Counselor Trng
- June 2 Horse Camp
- June 5-8 TLC Camp
- June 6 Introduction to Fishing
- June 6 Dog
- June 9 Range & Pasture Mtg
- June 11 Introduction to Fishing
- June 12 RC Demo Day
- June 12 RC Judging School
- June 11-14 4-H Camp
- June 13 Dog
- June 13 Special Foods, Custer
- June 17-23 Performing Arts Camp
- June 18 Paint Run-Away Class
- June 18-21 4-H Camp
- June 20-21 Rangeland Days
- June 20 SD Wildlife Workshop
- June 20 Dog
- June 22-25 4-H Camp
- June 25-28 4-H National Shoot-RC
- June 23—July 1 CWF Trip
- June 26 Penn Co Horse Show
- June 27 Dog
- June 28 Bees Workshop
- July 10 Ext. Board Meeting
- July 11 Dog
- July 16 Snakes Workshop
- July 18 Dog
- July 23 Waterbugs Workshop
- July 24 Paint-Run-Away Class
- July 24-26 State 4-H Horse Show
- July 25 Dog
- July 27 Pre-registration
Achievement Day
- July 28 Fashion Revue, RC
- Aug 1 Dog Show
- Aug 11 Livestock Show-Custer
- Aug 16 Achievement Day
- Aug 17-26—CSF
- Oct 10-13 WJLS/Consumer
Science

Therapeutic Riding Program

By: Dr. Jean Berry

On May 14th to 16th 2007, we offered a Therapeutic Riding program at the Pennington County 4-H facility. This was a collaborative project between the SunCatcher Therapeutic Riding Academy, Mark Ullerich, Equine Specialist from SDSU Extension and Dr. Jean Berry, Pennington County Extension Community Youth Development Coordinator. Dr. Berry coordinated this program with Youth & Family Services, Girls Inc. and Club for Boys to offer twelve young people this multi-disciplinary opportunity at the Fairgrounds and 4-H facility. Twelve volunteers from 4-H and the participating community agencies helped us out. Mark Ullerich taught the participants about horse safety, horse behavior, anatomy & horse care. The SunCatcher's Academy provided the horses and their staff to give these young people a positive experience of working with horses. Equine assisted therapy improves balance and coordination, while enhancing social interaction between staff, volunteers and the children. The children all received t-shirts at the end of their project, courtesy of Mark Ullerich



We are grateful to Mark for traveling out to Rapid City to work with the kids and a special thank you to the SunCatcher Academy for their cooperation. The Sun-

Catcher Academy is a non-profit organization that utilizes a trained team of horses, instructors and volunteers, to carry out its primary mission of providing a comprehensive equine therapy program.



Photos courtesy of Teresa Garrett at SunCatchers

Making A Difference

Creating Opportunities for a Lifetime

South Dakota State University, South Dakota Counties, & U.S. Department of Agriculture Cooperating. South Dakota State University is an Affirmative Action/Equal Opportunity Employer (male/female) and offers all benefits, services, education and employment opportunities without regard for ancestry, age, race, citizenship, color creed, religion, gender, disability, national origin, sexual preference, or Vietnam Era status

State Shooting Sports—Black Hills Shooters

Pennington County Shooting Sports is pleased with a successful season. All of our members have worked hard and shown much improvement.



The Black Hills Shooters were well represented at the state competition. The state shoot was held at the Expo Center in Ft. Pierre, on April 27, 28 & 29. We had 14 members compete in 17 rifle/pistol events. In addition to the rifle/pistol, 3 members also qualified in archery events, of which Pennington County also had a very good showing.

The event went very well and was fun for all. Congratulations to the following members:

Air Pistol: Kody Hanson, Purple
Amanda Reeves, Blue
Dakota Nelson, Blue
Vanessa Rickertsen, Red

The four pistol shooters also received honors as the second place team in the junior division.

Air Rifle: Derek Nelson, Red
Brianna Bucholz, Red
Wyatt Klapperich, Red
Zach Delong, Blue
Ben Linn, Red
Casey Guliuzza, Blue



Our Junior Division Air Rifle Team of Brianna, Wyatt, Zach and Ben gave Pennington county 3rd place team.

BB Gun: Alaina Klapperich, Blue
Riley Ellis, Blue
Garrett Ellis, Red
Clint Stangle, Blue
Wyatt Klapperich, Red
Zach Delong, Red
Ben Linn, Blue

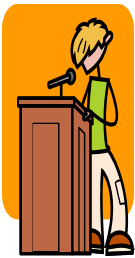
The Beginner BB Gun Team of Alaina, Riley, Garrett, and Clint received a blue ribbon for the team effort.

South Dakota will host the 4-H National Shoot in Rapid City, June 25-28

Once again, Congratulations on your state awards and to all of our members who participated all season. Thank you to every one who helps make our program successful. Watch for more updates on our next season.



Submitted by Randy Ellis
Pennington County Shooting Sports Coordinator



Demonstration Day - Rapid City

June 12 - 4:00 -7:00 p.m.— Rapid City Demonstration Day, Pennington County Extension Office-Rapid City. Sign-up at Extension Office by **June 8**. Times may vary to meet everyone’s schedule. The Extension Office has information about Demonstrations, Illustrated Talks, Project Whys and Public Speeches.

Introductory to Range & Pasture Project

Saturday—June 9, 2007 9 am—3:30 pm.

South Dakota Dressage Society Needs Help

South Dakota holds annually a dressage horse show at the fairgrounds in June. This year our show will be June 16 & 17, at Bray arena. We were wondering if there are any 4-H youth in the equine program interested in being "runners" and managing the water for competitors near the warm-up area. Any volunteers will be appreciated. Thank you. Carol Bailey (341-6026) or Lenora Werth (255-4579).

Consumer Science Judging—Rapid City

June 12, 6:30-8:00 p.m-4-H Building

The purpose of this activity is to increase the consumer decision making skills we use in our everyday lives. Individuals may also be eligible to compete in State Fair judging contests by attending either one of these schools.

Horse Reminders

June 2—Horse Camp—Rounds Arena

June 26—Pennington Co Horse Show

July 6—Horse Show Entries Due

July 24-26—State Horse Show—Huron



2007 South Dakota Rodeo Schedule

You can get the entry forms and schedule from the website <http://4h.sdstate.edu/w4hfcs/rodeo/rodeo.html>

Horse Safety Day Camp - June 2, 2007

Rounds Arena - 8:30 am-5:00 p.m.
Pennington County Fairgrounds

Registration fee will be \$5.00 per member. For more information contact Patty Brunner at 393-2577 or Alan Van Bochove at 342-4042. Registration blanks available on line or at the Extension Office.

4-H CAMP DATES

Camp Counselor Training

June 2

4-H Camp—Take a Walk on the Wild Side

Session 1—June 11-14

Session 2—June 18-21

Session 3—June 22-25

Deadline was May 15.

Teen Leadership Camp—June 5-8

Information available at the office or on line.



HELP, HELP - We need your help at State Fair.

Two adults are needed on Wednesday, August 29, to get exhibits to judges and back to the county display and then put up for public display. Judging starts at about 8:30 am and goes until the last item is judged and back to the display (around 6:30 pm). If we do not get this help we will not be able to take Pennington County exhibits to the State Fair.

Fairgrounds Would Like our Help

Is your club looking for a community service project? If so, the Central States Fairgrounds would appreciate your help. Please call Pam Teller at 355-3861 to volunteer. Since CSF allows 4-H to use the Fairgrounds at no charge it behooves our organization to volunteer to do a community service project. I don't think we want to get in a situation where we "pay to play".

One opportunity to help out is June 11th at 10:00 a.m. to help plant flowers. Please bring a hand trowel. Contact Bill Keck at 394-2188.— Article submitted by Bill Keck

Rangeland Days

This year it will be in Eagle Butte June 20 and 21. Please go to the 4-H website for all the information: <http://4h.sdstate.edu>. We also have brochures available at the office.

Looking For A Project That Will Be Electrifying? Shocking?

How about the 4-H Electric Excitement Series. There are three books and a helper's guide. The books are loaded with project ideas. To help you get started the Extension Office has a box of free supplies. It's available on a first come, first served.

Let's Paint Run-A-Ways© Painting Classes

Let's Paint Run-A-Ways instructors have taught hundreds of painting classes for 4-H groups across the country. Their technique is a step-by-step method of instruction, which enables even a beginning painter to have a successful painting experience.

Let's Paint Run-A-Ways classes supply ALL the materials for the class. Classes (3 hours in length) are geared so that students will leave with their completed painting.

Cost: \$25 per student.

Age: 8 – 19 years old. A Parent or guardian needs to stay with members under 12 years old.

We are offering two sessions this summer: choose from

June 18th from 9am to noon at the 4-H Bdg. Or
July 24th from 9am to noon at the 4-H Bdg.

To register, please submit payment for \$25 with your name/address/phone number/4-H club name and age to :

Pennington County Extension/4-H office,
601 E Centre St.
Rapid City, SD 57701.
Tel: 394 2188.



Make the check out to the **Pennington County 4-H Leaders Association**. A parental consent form is required for all members under 18 – this gives us emergency contact information.

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More Photos from the Therapeutic Riding Program (See page one)



Photos courtesy of Teresa Garrett at SunCatchers

Region 4-H Dog Project - Summer Program

Weekly summer classes (obedience, showmanship, agility, and rally) will begin Wednesday June 6th at 6 p.m. Classes will run for 8 weeks with the Summer Show on August 1st (no classes July 4th). Classes take place at the 4-H Building on Central States Fairgrounds, Rapid City. ***Note: June 6th and 27th classes will take place in the Fine Arts Building not 4H.



Dog Show - Wednesday, August 1st. Check-in 5:30 pm. Start 6:00 pm. You will need to pre-register on Wednesday, July 18th, at the weekly Region 4-H Dog Project class.

Please join us for a FUN time with your dog. Cost is \$30 per 4-H'er for the year no matter when you join. You may join the program any-time during the 4-H year. Lois Schmoll, Project Leader, 430-7688.

FLOWER BULB FUNDRAISER



The flower bulb fundraiser was such a success last year that the Leader Association has agreed to do the flower bulb fundraiser again, however, we will be doing a fall bulb fundraiser. Information will be mailed to the families later this summer.

Achievement Day—Central States Fair

Pre-registration—July 27

All information to enter Achievement Days on August 16 will be available on June 8. Each club leader will be responsible to pick up their club packet and distribute to their members. We will not be giving out any fair books this year due to the cost of each book. It is available on the 4-H website: <http://4h.sdstate.edu>

Achievement Day—Important Notice!

The Livestock Show will be Saturday, August 11 at the Custer County Fair, not at Central States Fair. Both Custer and Pennington have so few head of livestock we decided to combine our shows. Our table top exhibit day is still Thursday, August 16. Watch future newsletter for more details.

Health Rocks!®

Do You?

Do you make decisions?

Do you manage stress & peer pressure?

Do you communicate effectively?

Do you enjoy working with younger youth?

Do you need \$250?

Let's Make a Deal!

Become a teen trainer with the Health Rocks project!

We are looking for teams (minimum of 1 adult & 2 teens ~ 15-18 years old) from YOUR school or youth center!

Start planning now! Recruit your friends & teachers or caring adults! Find out how you can receive a \$250 scholarship.

For more information or if you have questions contact:

Dr. Jean Berry or Kathy Bruckner

394-2188



Check the web site at:



conference

Capture the Spirit

<http://www.uwex.edu/ces/4h/ncvlf/index.cfm>
for more details.

Food for Thought - Who in the world is hungry?

"According to the United Nations, about 2.8 billion people – some 45 percent of the world's total population – live on the equivalent of two US dollars a day or less. Some 1.2 billion of those people live on one dollar a day or less. Roughly two-thirds of those living on one dollar a day or less are female. World-wide, the poorest 20% have access to only 1% of the total Gross World Product (GWP). On the other side of the equation, the richest 20% of the world's people have access to 86% of the collective GWP."

Wealth inequality has grown steadily in the United States over the past thirty years. According to the US Census Bureau, the poorest 20 percent of all US households received only 3.6 percent of all household income in 2000, while the richest 20 percent received 49.7 percent of all household income. A UNICEF study indicated that one out of every six children in member nations of the Organization for Economic Cooperation and Development (OECD) lives below the national poverty line, defined as half the average national income. The rate of child poverty is 26.2 percent in Mexico, 20.5 in Italy, 19.8 percent in the United Kingdom, and 19.7 percent in Turkey. In South Dakota, the rate of child poverty is around 20%.

Impacts of poverty

Coupled with a lack of education and community health care, poverty tends to be "intergenerational." Children raised in poverty without adequate access to education, healthcare, and economic opportunity tend to be poor themselves, and to repeat the cycle with their own children. More educated and affluent families tend to be smaller, and those families with fewer children can focus their resources on those children, generating better health, educational, and economic outcomes.

Wealth and poverty are tightly linked to environmental concerns as well. Ecosystem decline is a major cause of poverty, as well as a major result of it. Overexploitation and degradation of the resource base can tilt people into poverty, just as people living in poverty are often forced to overexploit and degrade their environment. Poverty also leads to environmental problems as toxic products are freely sold in poorer regions, and polluting factories or waste dumps are often located in areas where economic necessity dictates lower standards. Excessive consumption patterns of wealthy nations and individuals have led to major impacts on the environment. Rich nations and individuals consume the vast majority of world resources, generate the majority of toxic wastes, and produce the largest share of greenhouse gases that drive global warming.

Poverty is the main reason that children are not vaccinated, clean water and sanitation are not available, life saving drugs and treatments are inaccessible, and mothers die in childbirth. Even if one avoids the scourge of malaria, tuberculosis, HIV-AIDS or other debilitating disease, poor diet may limit people's ability to escape poverty. Many of the world's poor fall below the minimum caloric intake recommended by the World Health Organization. Because the poor often can't afford adequate nutrition, they may lack the physical and mental development necessary to fully participate even in a local, much less global, economy.

An estimated 2 billion citizens of the world lack access to adequate nutrition, and nearly 800 million are chronically hungry. Our supply of fresh water is also severely limited: 31 countries are currently suffering from scarcity or stress and for more than 1 billion people clean drinking water is simply unavailable. (UNDP). As the environment suffers, so does the health of the millions who lack adequate sanitation, potable water, and daily nutrition. Children who go to bed hungry are vulnerable to disease as well as delayed physical and mental development. Dirty water is a major culprit in the spread of diseases like cholera, which are especially deadly for children.

It is possible to provide adequate food and water for everyone. Farmers can convert to proven sustainable agriculture by improving harvesting, transportation, and storage technologies that currently waste as much as one quarter of all food produced. It's also possible to use water much more efficiently in agriculture, industry, and residential applications. Through education, fundamental changes in consumption patterns and diet in industrialized countries there will be more equal distribution of food and resources for everyone.

Information from: facingthefuture.org

Special Foods Contest – Wednesday, June 13 in Custer

This Contest is open to any 4-H'er and provides an opportunity to learn about nutritious meals and snacks and how to serve them in a pleasant manner. 4-H'ers choose and prepare a recipe from any one of the basic food groups except fats and sugar. The Special Foods Contest will follow the USDA MyPyramid guidelines. The Extension Office has the new booklet.



Anyone desiring help with the contest should contact Ingrid Lindberg at the Extension Office.

Pre-registration is due in the Extension Office on or before June 1. No late entries will be accepted.

Fashion Revue/Clothing Construction Judging – Saturday July 28

Fashion Revue and Clothing Construction Judging will take place **Saturday, July 28 beginning at 10:00 AM** at the 4-H Building in Rapid City. Any 4-H'er can participate in Fashion Revue but a 4-H'er must be enrolled in the Clothing Project to complete the Construction Judging. Pre-registration is required for both events and is due on or before **July 9**. No late entries will be accepted. Registration can be completed at the Extension Office. Please refer to the attached information sheets. **No Clothing Project items will be judged during Achievement Days.**



4-H members who are age 13 as of January 1, 2007 are eligible to participate in the State Fair Fashion Revue Contest. This will apply at the county level as well. This is only in Fashion Revue.

News From the Clothing Committee



Duct Tape Contest

The Junior Leaders are sponsoring a duct tape contest to be held during Fashion Revue judging. You may make either a piece of clothing, clothing outfit, or clothing accessory from duct tape. You may model it during the Fashion Revue judging or you may enter it as a clothing/accessory project. You do not need to be in the clothing project to participate in this contest. Please note that this is only a county contest and you will not be able to enter it at the State Fair. We hope you will be creative and have fun with this project. If you are interested, please contact the Pennington County 4-H office as soon as possible for further details.

Fashion Revue

CALLING ALL CLOTHING PROJECT PARTICIPANTS! This year's Central States Fair theme is "Kickin' It Up." We will be awarding a special prize for an outfit that fits this theme. Be creative! Better start now since you won't want to leave this project to the last minute since you might want to do more than one outfit!

Also we are bringing back the modeling of a selected outfit for the Fashion Revue. So, for those who like to frequent garage sales and happen to find a bargain, we want to see it. Or, what about that fantastic bargain on the clearance rack that you just can't pass up? Who can find the best bargain or who will find the cutest outfit? Better get started looking now for that special treasure. We will be awarding a special prize. You do not need to be in the clothing project to participate. If you want to learn to model or enjoy modeling, this is for you. Please note the modeling in this category is a county activity only. For further information, please contact the 4-H Office.



FASHION REVUE LOTS

SENIOR DIVISION: Seniors must be at least 13 years old on January 1, 2007. Check State Fair Book for details on categories.

A. Complete outfit. All garments must be constructed unless considered as an accessory. An accessory might be a top worn with a two-piece suit.

Special categories:

Wearable Art: to consist of a complete outfit of which one or more pieces will be decorated. Surface design may be embroidery, quilting, appliqué or patchwork. Kits of preprinted fabric panels are not acceptable.

Outerwear: coat, jacket or combination of pants and jacket that is specifically designed to be worn in the out-of-doors for warmth and protection.

Professional or Career Wear: complete outfit appropriate for business, interviewing or other career-oriented activities.

Costume: one or more sewn garments that make a complete outfit for a theatrical production, dance recital, dance contest or the traditional clothing of specific ethnic group.

B. Sew and Buy. On constructed item, one purchased item.

C. Selected Outfit (county only)

Shoes and other accessories may be made, selected or a pair already in the wardrobe which are clean and in good condition.

BEGINNER & JUNIOR DIVISIONS: 4-H members must be 8-10 years of age for the beginner division and 11-12 years old for the junior division which will be judged separately. The divisions will be judged as an outfit not as separates: At least one item within the lot must be constructed. The following is the list of categories:

- D. Short Outfit (shorts with a top)**
- E. Jumper**
- F. Dress**
- G. Pant Outfit**
- H. Constructed jacket, coat or cape**
- I. Constructed sleepwear, robe or swimwear**
- J. Skirt Outfit**
- K. Recycled Garment**
- L. Selected Outfit (county only)**

CLOTHING JUDGING

Beginners are 8-10 years old; Juniors are 11-13 years old; Seniors are 14-19 years old.

All clothing project items will be judged on July 28 and must be exhibited at Achievement Days during Central States Fair to receive a ribbon and premium money.

Clothing exhibits should be entered according to the lot numbers from the 2007 South Dakota State Fair Book. Those numbers are 5080-5091. This includes purchased items as well as educational posters and displays. Please read the descriptions carefully.

You will be assigned an interview time for construction judging. If you are not able to interview judge please make sure your garment(s) are at the 4-H Building so it can be judged.

**PLEASE RETURN THE ENTRY FORM ON OR BEFORE JULY 9. NO LATE ENTRIES
WILL BE ACCEPTED!**

2008 Citizenship Washington Focus Trip—June 21-29, 2008

Do you want to attend the 2008 CWF Trip? Now is the time to start thinking and planning for this trip.



South Dakota has been accepted for the June 21—29, 1 week for our trip to Washington, D.C. Up to three individuals from Pennington County may be selected with a partial scholarship to attend this excellent workshop in Washington, D.C. This workshop offers youth an opportunity to learn how government functions and what the role of responsible citizens are.

Citizenship Washington Focus (CWF) is a week-long 4-H citizenship program for youth ages 15-19. Thousands of young people from across America stay at the National 4-H Youth Conference Center, near Washington, D.C., every summer to participate in the program, which provides opportunities for young people to:

- Broaden appreciation and practice respect for themselves and others;
- Increase individual commitment to citizen involvement;
- Understand the importance of civic and social responsibilities;
- Practice fitness and have fun!

CWF participants get:

- A behind-the-scenes look at our nation's capital and the chance to meet Members of Congress;
- Motivational speakers, workshops and assemblies that increase individual commitment to citizen involvement and build lifetime skills for success;
- Activities that encourage new and lasting friendships;
- An enthusiastic college-age staff that works directly with them.

CWF program assistants immerse delegates in the culture and history of Washington, DC, through onsite workshops at its most spectacular sights. Destinations include, but are not limited to:

- The Capitol
- Mount Vernon
- Arlington National Cemetery
- Presidential and war monuments and memorials
- Smithsonian museums

Selection of trip participants is based on:

- *Enrollment in Citizenship or Leadership Project
- *15 years old or older
- *Resume
- *Present a 500-word speech on "What Citizenship Means to Me" to a judge.
- *Personal interview
- *Be in Good Standing

INTERVIEWS: Thursday, September 20, 2007 at 4:00 p.m., 4-H & Extension Building.

DEADLINE: Friday, September 7, 2007

4-H Summer Program

For details check out "Announcements" on our webpage @ <http://www.co.pennington.sd.us/extension/extsvc/html>

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June 6th: Wed, 9-11am Roosevelt Park: **Introduction to Fishing** with an expert from Game, Fish and Parks for 8 – 12 year olds. Limit 12 kids. Equipment provided. Will learn how to bait, and remove a hook, proper casting techniques, knot tying, and fishing ethics. If you bring your own equipment let us know. Sign-up by Friday at the Extension Office. A parental form is required to participate.



Happy Fathers Day!

Pennington County Extension has a new updated webpage on at: <http://www.co.pennington.sd.us/extension/extension/extsvc.html>. You will be able to find our 4-H and FEU Newsletters there. If you want to subscribe to the electronic newsletter send us your email address.

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