

Newsletter

Pennington County Extension

September
2008



Upcoming Meetings or Events - 4-H Bldg

September 9—7:00 pm—Leaders

Other Important Dates

- Aug 28—Sept 1 South Dakota State Fair
- Sept 1 Office closed
- Sept 3 Pick up State Fair exhibits
- Sept 5 CWF Signup Deadline
- Sept 8 End Year Paperwork DUE
- Sept 9 Leaders Meeting
- Sept 12 Goat Deadline
- Sept 16 Goat Packing Workshop
- Sept 18 CWF Interviews
- Sept 20 Poultry Show
- Sept 27 GPS Activity
- Sept 26 Deadline Pillow Case
- Oct 4 Pillow Case Workshop
- Oct 6-10 National 4-H Week
- Oct 7 Dog Class
- Oct 8-11 WJL Show
- Oct 10-11 Consumer Science Show
- Oct 13 Horse Committee Mtg
Office Closed
- Oct 14 Dog Class
- Oct 21 Dog Class
- Oct 24 Deadline Photo Wkshop
- Oct 28 Dog Class
- Oct 28 Photography Workshop
- Nov 2 Recognition Event
- Nov 6-8 North Central Region
Volunteer Forum
- Nov 11 Veterans Day
Office Closed
- Nov 27 Thanksgiving Day
- Nov 27-28 Office Closed



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South Dakota 4-H Website: <http://4h.sdstate.edu>

<http://www.co.pennington.sd.us/extension/extension/extsvc.html>



2008 Achievement Days

Thanks for all the hard work and help from everyone to prepare for Achievement Days. I appreciate the patience of everyone as we tried some new things and tested the new Fair Plus program. Overall things went well with only a few small glitches. Please send us any suggestions you might have to improve the process for next year.

We had approximately 800 exhibits on display this year! This is an increase from last year. It is amazing the quality of projects that the kids enter. It really says a lot about our kids and volunteers.

We want to congratulate Cheyenne River Breaks on winning the best decorated club booth. Their club enjoyed free Love It size ice creams from Coldstone Creamery.

THANK YOU!!

We would like to say "Thanks" to all our wonderful volunteers for their dedication and hard work that made 2008 Achievement Day a BIG SUCCESS!! We couldn't have done it without all your help! Also thanks to the Rapid City Chamber Ag Committee for the lunch they provided to the 4-H'ers and families.

Pennington County Extension Office



Lunch provided by the Rapid City
Chamber Ag Committee.



Checking in exhibits.



Scanning ribbon placing and attaching
ribbons.

Making A Difference

Creating Opportunities for a Lifetime

South Dakota State University, South Dakota Counties, & U.S. Department of Agriculture Cooperating. South Dakota State University is an Affirmative Action/Equal Opportunity Employer (male/female) and offers all benefits, services, education and employment opportunities without regard for ancestry, age, race, citizenship, color creed, religion, gender, disability, national origin, sexual preference, or Vietnam Era status.

End of the Year Paperwork

All award information needs to be turned into the office by September 8th by 5:00 p.m. in order to be eligible for any awards. All Leaders need to be at the Leaders meeting scheduled for Tuesday, September 9th at 6:00 p.m. at the 4-H & Extension Building. Pizza will be provided before the meeting.

Independent 4-H Members—Deadline Sept. 3.

State Fair exhibits will be back from State Fair and ready for pick up on September 3 from 8-5 p.m.

New Year Enrollments

All new 4-H enrollment forms will be available for pick up when you bring in the end of the year forms.

Open Poultry Show

Sponsored by Riding Ranchers 4-H Club in conjunction with Kammerer Rush Lake Harvest Festival. Location: 10 Miles North of Wall, SD---directions are Exit 110 into Wall-turn left onto Glenn St-4 blocks North on Glenn-turn right at 4th Ave-go ¾ block turn left onto Creighton Rd-follow Creighton Rd 8 miles north-turn with tar road East 1 mile-continue East onto Kelly Hill Rd-turn left into Rush Lake.

Date/Time: Sat., Sept 20, 2008, 10:00-4:00

Poultry Showmanship Clinic: 9:30-11:00

No pre-registration needed, but if display cages are needed please call. Contact DeAnna Kammerer @279-2306 or April Kammerer @ 923-6381 or email deannakam@yahoo.com

Want to Try Something New?

Meet at the 4-H Building, Tuesday, September 16 at 6pm to learn more about goat packing. We will take a mini-hike with the goats. We are hoping there is enough interest to start a special project in goats. Please do not bring your goat.



CALLING all TRACKERS! GPS Activity—FREE

Interested in learning how to use a GPS unit or have one and just want to join in the fun? **Join us on Sat., Sept. 27 from 9am to noon at the picnic shelter in Old Storybook Island.** We will learn how to mark a waypoint, find a waypoint, and use data from the GPS unit. Space is limited to the first 18. Register at the 4-H Office.

National 4-H Week, October 6-10, 2008

Check out National 4-H Council's Clover Corner News Web site <http://www.4-mediareources.org>. promotion ideas for National 4-H Week.

Fall Dog Classes

Beginner Dog classes will be held on Tuesdays at 6:00 p.m. October 7, 14, 21, 28 at the 4-H & Extension Building. For more information contact Lois Schmoll at 341-7550.

HELP, HELP

Along with the Western Junior Shows, comes the food booth. Clubs need to keep in mind that they will need to help and also make 3 donations per club of pies, bars, cakes and cookies. Again this year there will be monetary incentives for those clubs who help. \$25 per time slot with four 4-H'ers and 2 adults. If you can only help for a couple hours or especially from 10 to 1, our busiest time, please let us know. To sign up stop by or call the office at 394-2188.

Western Junior Livestock Booth

Wednesday, October 10

7:00 am – 10:00 am _____

10:00 am – 2:00 pm _____

2:00 pm—5:00 pm _____

Thursday, October 11

7:00 am – 10:00 am _____

10:00 am – 2:00 pm _____

2:00 pm—5:00 pm _____

Friday, October 12

7:00 am – 10:00 am _____ Patriot Riders

10:00 am – 2:00 pm _____ Patriot Riders

2:00 - 5:00 p.m. _____ Patriot Riders

Saturday, October 13

7:00 am – 10:00 am _____

10:00 am – 2:00 pm _____

2:00 pm—5:00 p.m. _____

Western 4-H Family & Consumer Sciences Show

The Western 4-H Family and Consumer Sciences Show will once again be held October 10 & 11, 2008 in conjunction with the Western Junior Livestock Show in Rapid City, SD.

New this year the Show will be open to youth not enrolled in 4-H and they may also compete in the different events. Detailed information about the contest is available at your local Extension Office or visit the 4-H Website at <http://4h.sdstate.edu> and click on Western 4-H FCS Show. Entry forms are due to the Extension Office by **September 15, 2008.**

Photography Workshop— Tuesday, October. 28, 6:00 pm-7:30 pm

Basic introduction to taking a quality photograph. Bring your own camera, digital preferred.



Call the office to sign up and if you are in need of a camera.

2008 Top Awards for 4-H Achievement Day

Style Show

Beginner Construction – Shelyssa Theel
Junior Construction – Amanda Reeves
Senior Construction – Katie Hilton
Katie Hilton for overall clothing construction winner.

Beginner Selected Outfit – Breanna Bollinger
Junior Selected Outfit – Kendra Kimball
Senior Selected Outfit – Abby Soulek
Kendra Kimball for top Selected outfit.

Beginners fashion Revue – Elle Moon & Lille Wood
Junior Fashion Revue – Kendra Kimball & Amanda Reeves
Senior Fashion Revue – Cassie Rickertson & Emily Reeves
Cassie Rickertson, Kendra Kimball, and Ciglen Wheeler for judges choice for Fashion Revue

Incentive Sewing Machine Award - Kendra Kimball



Kendra Kimball winner of sewing machine, presented by the Sewing Center.

Cat Show

Grand Champion – Isabella Hagg
Grand Reserve – Meghan Diaz

Rabbit Show Showmanship

Grand Champion Beginner – Jakeb Smith
Grand Champion Junior - Staysha Smith
Grand Champion Senior – Zach Smith

Rabbit Show

Grand Champion Buck – Georgia Edoff
Grand Reserve Buck – Kena Patrick
Grand Champion Doe – Jakeb Smith
Grand Reserve Doe – Zach Smith

Cavy Show

Grand Champion – Seth Rose
Grand Reserve - Meghan Diaz

Poultry Show

Grand Champion – Kyle Bertsch
Grand Reserve – Miranda Bertsch

Sheep Show

Grand Champion Ram - Kena Patrick
Grand Champion Ewe -Kylee Patrick

Cattle Show Showmanship

Grand Champion Beginner – Brandon Koch
Grand Champion Junior – Cameron Koch
Grand Champion Senior – Trisha Koch

Photography

Best in Show – Junior—Megan Wattenhofer
Senior—Kelsey Smith
People's Choice – Sarah Vos &
Megan Wattenhofer

Foods

Top Beginner – Madelyn Soulek
Top Junior – Lauryn Soulek
Top Senior – Abbey Soulek



Cat Show—Isabella Hagg and Meghan Diaz

Dog Show Results

Basic Prize Winners

Top Beginner – Ava Speas
Top junior – Arian Kelly
Top senior – Elizabeth Wallis

Novice Obedience

Top Junior -Taylor Wallis
Top Senior – Molly Maxwell

Pre-Novice Obedience

Top Junior – Breanne Kuehler
Top Senior – Alexandra Kuehler

Novice Showmanship

Top beginner – Meghan Diaz

Open Showmanship

Top Junior – Breanne Kuehler
Top Senior – Elizabeth Wallis

Rally Novice A

Top Beginner – Catherine Maher
Top Junior – Staysha Smith
Top Senior- Zach Smith

Rally Novice B

Top Beginner – none
Top Junior – Breanne Kuehler
Top Senior-Alex Kuehler &
Molly Maxwell tied with a score of 97

Agility

Beg – Catherine Maher
JR – Rae McKee
SR – Alex Kuehler



"Hollywood Nights"

There was glitz, glamour, and talent during the "Hollywood Nights" Talent and Style Show held during the Central States Fair. If you missed the show, here was the scene: a black limo, flowers, fancy decorations (which included glittery, spiral decorations made by the 4-H Performing Arts Workshop participants earlier this summer), and of course, a red carpet and Hollywood-type music. We were entertained by our tal-



ent stars, Rachael playing piano, Shannon performing her jazz dance, a skit led by Heidi Dehn, and Amanda playing her cello. We also had glamorous 4-H models showing us the latest fashions. To top off the show, special awards were given to the top Pennington County award winners. The show proved to be a big success. The audience even enjoyed a popsicle treat during the show.

I especially want to thank all those that modeled, performed talent, or helped with the skit to make this show a success. Also a thank you to the Performing Arts Workshop 4-Hers who helped make the decorations, Nathan who made the limo, and the Clothing



Committee and other parents that volunteered their time.

A special thank you to all of our sponsors for the special award donations: The Sewing Center, Fabric Warehouse, Hancock Fabrics, Wear It Again Sam's, Headlines Academy, Black Hills Landstrom's Gold, J. C. Penney's, Herberger's, Fudruckers, and Borders Book Store.



--Submitted by Cheri Hilton.

Pillowcase Workshop

Do you want to learn how to make a simple pillowcase and also help others in your community? Please sign up for the Pillowcase Workshop which will be held on Saturday, October 4 at 1:30 p.m. at the 4-H Building. You will need to bring the following:



- Main piece of cotton fabric: 27" x 41" (3/4 yard)
- Border piece: 10" x 41" (1/3 yard)
- Accent Strip: 3" x 41" (1/8 yard)
- Matching thread

- Scissors (mark your name on your scissors)
- Pins

What a great way to learn to sew a pillowcase and also help the needy! We will be donating the pillowcases to children at Cornerstone mission. If you would like to bring "extra" fabric so you can bring home your very own pillowcase, please feel free to do so. If you are able to bring your own portable sewing machine, that would be helpful, but it is not necessary. We will be learning how to sew a straight seam, making "French seams," and ironing. You will also have an opportunity to see how a serger works.

If interested, please sign up at the 4-H Office as soon as possible. Deadline is September 26.

Watch for more workshops through out the 4-H year. Happy Sewing!



Food Preservation

It is that time of the year when the garden is ready to harvest. You can sure eat the fresh produce for awhile, but then what? Here are some tips to remember when you start your food preservation this year.

Purpose

Food preservation processes have been developed to slow down, prevent, or stop completely the process of food spoilage. It is important to follow directions carefully when canning foods to insure they are safe to eat for you and your family.

Whether food should be processed in a pressure canner or a boiling-water bath to control botulism bacteria depends on the acidity in the food. Acidity may be natural, as in most fruits, or added, as in pickled food. Low-acid canned foods contain too little acidity to prevent the growth of these bacteria therefore must be heated to high temperatures with pressure canners. Acid foods contain enough acidity to block their growth, or destroy them more rapidly when heated. To ensure safe acidity in whole, crushed, or juiced tomatoes, add two tablespoons of bottled lemon juice or ½ teaspoon of citric acid per quart of tomatoes. Acid can be added directly to the jars before filling with product. One to two teaspoons of sugar may be added to offset the acid taste.

Pressure Canners

Pressure canning is the only method recommended for canning low acid vegetables (all vegetables except for tomatoes), meat, poultry, and seafood. Because of the danger of botulism, these foods must be canned in a pressure canner. Jars of food are placed in 2 to 3 inches of water in a pressure canner and then heated to a temperature of at least 240 °F. This temperature can only be reached in a pressure canner. Dial gauges should be checked for accuracy each year before use. The Extension office can check your pressure gauges for accuracy. Feel free to bring them in before you get started canning this year.

Boiling-Water Canners

Although pressure canners may also be used for processing acid foods, it is faster to do so in boiling-water canners. Boiling-water canners have removable perforated racks and fitted lids. The canner must be deep enough so that at least 1 inch of briskly boiling water will be over the tops of jars during processing. Boiling-water canners can be used for tomatoes, fruits, making jams and jellies, and pickling. In this method, jars of food are heated by being completely covered with boiling water (212 °F at sea level).

A big factor to consider in our area is altitude. Water boils at a lower temperature as altitude increases. Lower boiling temperatures are less effective for killing bacteria. You must increase either the process time or canner pressure to make up for lower boiling temperatures. If you are not sure of your altitude where you live, please give us a call as we have a list of altitude in the area.

The Extension office has a variety of canning publications available for a small fee with more information. If you have any questions, please call Brenda Biberdorf, RD (Registered Dietitian) Family and Consumer Science Educator, at 394-2188 or stop in the office for a visit.



2009 Citizenship Washington Focus Trip—June 20-27, 2009

Do you want to attend the 2009 CWF Trip? Signup deadline September 5, 2008.

Selection of trip participants is based on:

- *Enrollment in Citizenship or Leadership Project
- *15 years old or older
- *Resume
- *Present a 500-word speech on "What Citizenship Means to Me" to a judge.
- *Personal interview
- *Be in Good Standing



DEADLINE: Friday, September 5, 2008

INTERVIEWS: Thursday, September 18, 2008 at 4:00 p.m., 4-H & Extension Building.

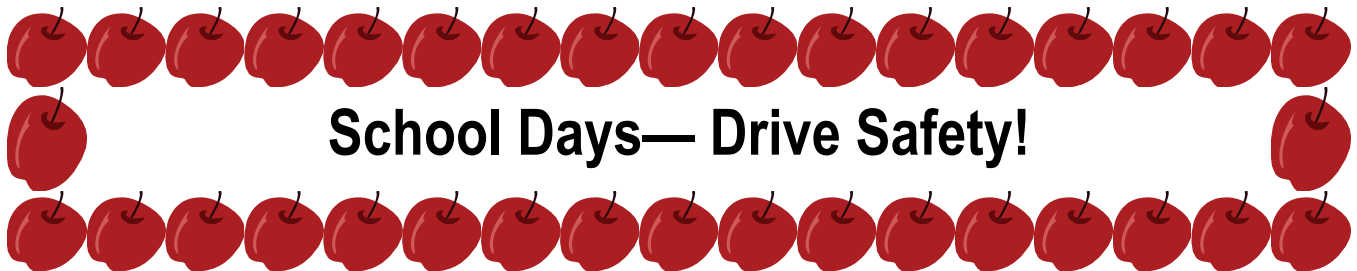
Recognition Event

Recognition Event will be held Sunday, November 2 at the 4-H Building. There will be the annual chili lunch at noon followed by the Recognition Event. Each family should bring a salad or dessert to go along with the chili. Each club is asked to provide 2 youth ambassadors to help with the event. These youth should feel comfortable speaking in front of a group of people. Please turn these names into the office by September 19, 2008.

BOSDRC (Building Our South Dakota Rural Communities Grant Program)

The SD Department of Agriculture is once again offering the Building our SD Rural Communities Grant Program for FY09. The BOSDRC Grants are offered annually for the purpose of stimulating the interest of youth in improving their communities. For more information contact the Pennington County Extension Office.

North Central Region Volunteer Forum—November 6-8, 2008 in Ohio.



School Days— Drive Safety!

Pennington County Extension Staff

Bill Keck - Extension Educator/Horticulture, Ext. 112

Brenda Clement - Extension Educator/Family Consumer Science, Ext. 115

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