

Pennington County Extension

September
2010

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Upcoming Meetings or Events - 4-H Bldg 2010 Meetings

September 21 - 6:00 Ldrs Mtg
September 28 - 6:30 Horse Mtg

Other Important Dates

- Sept 2-6 State Fair
- Sept 8 Pick up State Fair Exhibits
- Sept 9 Food Preservation
Workshop
- Sept 17 End Year Paper Wk DUE
CWF Deadline
- Sept 21 Leaders Meeting
- Sept 23 CWF Interviews
- Sept 28 Horse Meeting
Dog Class
- Oct 1 State Logo Design DUE
- Oct 3-9 National 4-H Week
- Oct 5 Dog Class
- Oct 5-9 Western Junior Lvst Show
- Oct 8-9 Consumer Science Show
- Oct 11 Native American Day
Office Close
- Oct 12 Dog Class
- Oct 19 Dog Class
- Oct 26 Dog Class
- Nov 2 Dog Class
- Nov 7 Recognition Event
- Nov 9 Dog Class
- Nov 11 Veteran's Day
Office Closed
- Nov 25 Happy Thanksgiving!
Office Closed
- Nov 26 Office Closed



Thank You!

Thanks to everyone who helped at 2010 Achievement Days! After all was said and done, the building looked great with the Club booths decorated and over 1000 exhibits to fill them. About half of those will be going to State Fair to be judged. For the last three years we have been increasing our number of exhibits. Keep up the great work! Congratulations to Crazy Critters for having the best decorated Club booth.

I also want to thank the families that came and helped with the 4-H Fun and Games on Monday. We had over 100 kids come to the 4-H/Extension activities and heard lots of positive comments from the crowd.

We appreciate all the clubs that took turns watching the building. Thanks again. I feel very fortunate to work with such wonderful families.

FAIR EXHIBITS

If you have not picked up your exhibits from Central States Fair, please pick up your exhibits on Monday thru Friday 8:00 a.m. to 5:00 p.m.

Pick up State Fair Exhibits on Wednesday, September 8th, 8:00 a.m. to 5:00 p.m.

Food Preservation Workshops - September 8, 2010

We will be holding a food preservation workshop on Wednesday, September 8th from 3:30 p.m.— 5:00 p.m. or 6:00 p.m. to 7:30 p.m., at the 4-H Building. Please call the office at 394-2188 to sign up for the class. If there is not enough interest the class(s) will be not held.



National 4-H Week is the first full week of October, 3rd through the 9th. Now is the time to start planning how your club will promote 4-H.

We are looking for 4-H members willing to talk about 4-H on the radio or one of the news programs during National 4-H Week. Please contact Tana if you are interested.



Making A Difference

Creating Opportunities for a Lifetime

South Dakota State University, South Dakota Counties, & U.S. Department of Agriculture Cooperating. South Dakota State University is an Affirmative Action/Equal Opportunity Employer (male/female) and offers all benefits, services, education and employment opportunities without regard for ancestry, age, race, citizenship, color creed, religion, gender, disability, national origin, sexual preference, or Vietnam Era status.

End of the Year Paperwork

All award information needs to be turned into the office September 17th by 5:00 p.m. in order to be eligible for any awards. Leaders - if you have not picked up your end of the year packets, please pick up as soon as possible. If any club needs help finishing their end of the year information, please contact the office.



2011 Citizenship Washington Focus Trip— June 19-25, 2011

Do you want to attend the 2011 CWF Trip? Now is the time to start thinking and planning for this trip.

CWF program assistants immerse delegates in the culture and history of Washington, DC, through onsite workshops at its most spectacular sights. Destinations include, but are not limited to: The Capitol, Mount Vernon, Arlington National Cemetery, Presidential and War Monuments and Memorials, Smithsonian Museums

Selection of trip participants is based on:

- *Enrollment in Citizenship or Leadership Project
- *15 years old or older
- *Resume
- *Present a 500-word speech on "What Citizenship Means to Me" to a judge
- *Personal interview
- *Be in Good Standing

DEADLINE: Friday, September 17, 2010

INTERVIEWS: Thursday, September 23, 2010 at 4:00 p.m., 4-H & Extension Building.

Leader Meeting - Tuesday, September 21

All leaders need to be at the Leaders meeting to pick the awards for Recognition Event. Leaders meeting is scheduled for September 21st at 6:00 p.m. Pizza will be provided at this meeting.

Classes Starting Soon

S.T.A.R. Puppy Class

For puppies 8 weeks - 6 months

Tuesdays Sept 28 - Nov 2 from 6 pm - 7 pm

Canine Good Citizen Class

For dogs 6+ months

Tuesdays Sept 28 - Nov 9 from 7 pm - 8 pm

Class sizes limited. Youth sign up due by Sept 3. Cost \$33 (which includes club dues) for the 2010-2011 4-H year. Now offering canine community education for adults! Adult sign up Sept 1- 28. Cost \$60 per session Stop at the 4-H Building, 601 E . Centre, Rapid City to enroll or call Tana at 394-2188 with questions. Class fee due at time of enrollment. Dogs must be current on vaccinations.



Responsible Dog Ownership Day

Region 4-H Dog Project is co-sponsoring Responsible Dog Ownership Day, September 26th from 1- 5 p.m. with the Black Hills Dog Training Club. Contact Lois Schmoll if you are interested in helping out that day, 430-7688. Click Join the Fun for more details. Activities to include: Canine, Good Citizen testing, obedience agility, rally, intro/demo free-style, Earth Dog and sled dog demonstrations.

Horse Committee Meeting—September 28 @ 6:30 p.m.

Independent 4-H Members

Contact the office to schedule your appointment to discuss and review the journal and what you've done during the year. This needs to be done by September 10. If you do not have the current guidelines for Independent members, please contact the office. Tana will be out of the office from Aug 30—Sept 8. She is willing to meet in the evening by appointment. Call today. Time is getting short.

HELP, HELP

Along with the Western Junior Shows, comes the food booth. Clubs need to keep in mind that they will need to help and also make 3 donations per club of pies, bars, cakes and cookies. Again this year there will be monetary incentives for those clubs who help. \$25 per time slot with four 4-H'ers and 2 adults. If you can only help for a couple hours or especially from 10 to 1, our busiest time, please let us know. To sign up stop by or call the office at 394-2188.



Western Junior Livestock Booth

Wednesday, October 6

7:00 am - 10:00 am _____

10:00 am - 2:00 pm _____

2:00 pm—5:00 pm _____

Thursday, October 7

7:00 am - 10:00 am _____

10:00 am - 2:00 pm _____

2:00 pm—5:00 pm _____

Friday, October 8

7:00 am - 10:00 am _____

10:00 am - 2:00 pm _____

2:00 - 5:00 p.m. _____

Saturday, October 9

7:00 am - 10:00 am _____

10:00 am - 2:00 pm _____

Western 4-H FCS Show

The Western 4-H FCS Show will once again be held October 8-9, 2010 in Rapid City, SD at the Central States Fairgrounds. The show is open to all youth (4-H and non 4-H) that are interested in competing in the different events. Contest include home living, public presentations, place setting, ingredient measuring, bread baking, meat id, family life photo, vegetable id and judging, FCS skill-athon and Fashion Revue. **New** this year will be the Character Counts! Speech Contest.



Detailed information about the contest and registration materials are available at your local Extension Office or on our web page at <http://www.co.pennington.sd.us/extension/extsvc.html>

or visit the 4-H Website at <http://4h.sdstate.edu> and click on Western 4-H FCS Show.

Character Counts! Public Speaking Contest

The 4th Annual 4-H CHARACTER COUNTS! Public Speaking Contest in Western South Dakota will be October 9th during the Western 4-H Family and Consumer Science Show held in Rapid City. Prizes will be awarded to top winners in the Beginner/Junior (8-13), and Senior (14-18) Divisions. 4-H members from throughout the state are invited to participate.



This contest provides the opportunity for participants to share why they think good character is important. Participants may speak about a 4-H project area, about current events, or speak on personal experience. They must tell how one of the six pillars of Character (Trustworthiness, Respect, Responsibility, Fairness, Caring, & Citizenship) relates to their chosen topic.



Topic Guidelines—Choose One:

1. Speak about a 4-H project area and tell how CHARACTER COUNTS! fits into it.
2. Speak about a current event and tell how CC! fits into it.
3. Speak about a personal experience and tell how CC! fits into it.

For more information see the W4-HFCS Show-Book.

Beekeeping Essay

The 2011 4-H Beekeeping Essay topic is "U.S. Honey: A Taste for Every Preference." 4-H'ers are encouraged to investigate the local/regional honeys of the US and see how they differ in taste and color. Tasting is not required – just find out about some of the characteristics and write about them. The scope of the research is an essential judging criterion, accounting for 40% of your score. The number of sources consulted, the authority of the sources, and the variety of the sources are all evaluated. **New this year:** Submission deadline is **January 7, 2011** and all entries must be **submitted electronically**. Watch future newsletters for more information.



Remember the Thank You Notes

If you haven't already sent out your Thank You Notes from the 2010 Pennington County Fair and 4-H Achievement Days, now would be an excellent time to do so. All Fashion Revue prizes had a thank you card attached to them with the mailing address already on them.



SD 4-H Photography Calendar

A 2011 4-H Calendar showcasing SD 4-Hers' State Fair photography exhibits is available for purchase for \$5 at the Extension Office through **September 30**. Payment must accompany orders; the calendars will be mailed directly to those purchasing them by early November.



Rural Women in Ag Conference

The 2010 Rural Women in Ag Conference will be held Sep 30 and Oct 1 at the Spearfish Canyon Lodge. For more information, contact the Extension Office.

Recognition Event

Recognition Event will be held Sunday, November 7 at the 4-H Building. There will be the annual chili lunch at noon followed by the Recognition Event. Each family should bring a salad or dessert to go along with the chili. Each club is asked to provide 2 youth ambassadors to help with the event. These youth should feel comfortable speaking in front of a group of people. Please turn these names into the office by September 17, 2010.



Keep a Lookout for Changes on the Horizon

Rick Abrahamson
SD Cooperative Extension Educator-Horticulture

Children often tell jokes like what's black and white and red all over. The answer is "the newspaper". I have a similar riddle. What's red, orange, and yellow with splashes of green and brown, all over? Clashing colors like these may make some people overly active as they try to sort them out or they might cause you to be relaxed. These colors are definitely typical this time of the year. Autumn is not only the transition from the hot long days of summer to the cold long nights of winter but provide a wonderful time to take a day and enjoy the colors trees and shrubs and other plants become while getting ready for winter.

Good fall coloration depends on many factors. General plant health, temperature, rainfall, soil pH, and fertility are some of these factors, just to name a few. Different species of plants will produce different colors usually. Fall color is often taken into account while designing landscapes. However, in nature the design is often a mishmash of colors. A forested area may end up being largely one color but there are always other colors present. Individually these colors may not go well together but when you look at the big picture they tend to be very lovely. In addition to woody plants, herbaceous plants can add a splash of fall color to your landscape. Garden mums, grasses, goldenrod, and sedum all become spectacular during the autumn. Even weeds and produce will show colors in your lawn and garden this time of the year.



Although many of the trees in the Black Hills area are evergreen there are still a vast number of deciduous species that display awesome fall coloration. Spearfish Canyon and Custer State Park are two favorite areas for fall color viewing. The US Forest Service maintains a website to assist fall color viewers in finding the best places and times to take a drive to see fall colors. This website is www.fs.fed.us/news/fallcolors, fall color chasers can click on an area near them for updated information.

Other excellent places to view colors are national parks and forests, city parks, and scenic drives, all of which can be found within driving distance of our area. So I would encourage you to take some time this fall to enjoy the nature's last show of the growing season. Take a few photos and make some lasting memories.

More information on horticultural topics can be found by visiting us online 24 hours a day at www.co.pennington.sd.us/extension/extsvc.html, which is updated often, or by calling 605-394-2188 or emailing ricky.abrahamson@sdstate.edu. Feel free to send me any feedback about my articles or our web site.

4-H Activities



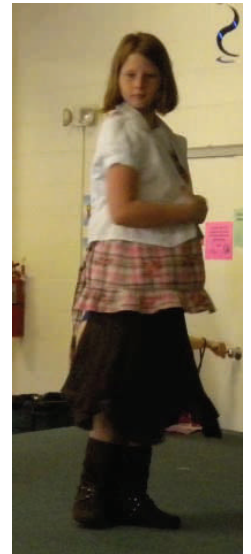
Operation Military Kids Day Camp



Cat Show. Isabella Hagg



Cat Show. Catherine Maher



Style Show. Breanna Bollinger



Flower Arranging Workshop



Emily Wigert, 4-H'er and Non 4-H'ers Colton & Hansens



Livestock Show. Kena Patrick



Finish Product. Searra Ochocki, Georgia Edoff & Rachel Ochocki



Poultry Show. Jenny Bertsch, Miranda Bertsch, Kyle Bertsch & Breanna Bollinger



Livestock Show. Kylee Patrick



Livestock Show. Cassity Goetz



Livestock Show. Clint Stangle

Family & Consumer Science News Topics and Tips



Topic: **Food Preservation.** The summer season with its abundance of garden produce turns our thoughts to preserving those fruits and vegetables for use into the fall and winter seasons. The importance of feeding our families foods that are the best tasting, healthiest and most nutritious possible in addition to keeping foods safe shouldn't be overlooked.



Canning is one of the methods of food preservation. Understanding how to prevent food spoilage and loss of quality in deterioration is essential to canning success and safety. It is important to note that preserving food does not increase its quality so select produce at its peak of freshness and flavor. Controlling conditions which encourage growth of molds, bacteria, enzymes and yeast is important to help ensure a quality canned product. Enzymes are a natural part of all produce and promote changes in the life cycle of the food and can cause food to change flavor, texture and color.

Tips:

- Blanching foods reduces microorganisms on food product and slows enzyme action.
- In canning, foods are divided into 2 classifications due to amount of natural acid present in food or acidification of food to specific pH level. Foods are classified as high acid or low acid.
- High acid foods can be canned in a boiling water bath canner (212°F –check altitude) High acid foods include all fruits and soft spreads, fermented and brined foods, foods with added acid.
- Low acid foods need to be processed in a pressure canner (heated to 240°F-check altitude- and held for specified time). Low acid foods include: vegetables, meats, poultry, soup, stews, other recipes that contain combination of high and low acid ingredients.
- Use of tested recipe important for safe food processing.
- Check altitude for requirements for processing times.
- For best results use tempered glass canning jars; use 2 piece lids designed for canning.



School Days—Drive Carefully!

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